



AS A POST DOC  
YOU ARE THE  
**FUTURE OF  
UK SCIENCE**

...BUT ARE YOU  
IN CONTROL OF  
YOUR FUTURE  
IN SCIENCE?

*Are you on the right career path?*

*Are you ready for the next step?*

*How's your life/work balance?*

*Why do you enjoy what you do?*

*What are your strengths?*

*What motivates you?*

*What is your next step?*

*What skills and experience do you need?*

*How can you gain these?*



The website guide signposts pathways towards successful, enjoyable and sustainable careers in science and suggests answers to the final question

*Where can you go for objective guidance?*

[www.athenaforum.org.uk](http://www.athenaforum.org.uk)



Queen's University Belfast is committed to supporting your career path and was recently awarded the European Commission's HR Excellence in Research badge for its efforts in improving the working conditions and career development for its researchers.

A copy of the Concordat, a major UK-wide initiative to promote the sustainability of research careers is available at <http://go.qub.ac.uk/research-concordat>

Other information for research staff is available from [www.qub.ac.uk/crs](http://www.qub.ac.uk/crs) including :

- Queen's response to the Concordat
- Working at Queen's
- Research funding

Researchers in QUB have formed several Postdoctoral/ Research Staff Societies <http://go.qub.ac.uk/rssocs>

The full range of staff training and development options is available from [www.qub.ac.uk/stdu](http://www.qub.ac.uk/stdu)

Details of the mentoring scheme for women is available at [www.qub.ac.uk/qgi](http://www.qub.ac.uk/qgi)

